

## Workshop duration

- 5 days
- Choose from 50+ hours of our Virtual Masterclass series to complete your training needs

## igniting excellence in leadership

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# The Coach's Journey: Professional Leadership Coaching

## Overview

To meet today's biggest business challenges, coaching is an essential *leadership* skill

- Leaders need to inspire their people
- Leadership coaching is the most effective way to enable teams to deliver extraordinary business results
- Leadership coaching supports the human element of organizational transformation

Coaching leaders requires specialist skills; it is important for managers, leaders and coaches to coach to a professional standard, with high levels of integrity. Explore effective leadership and its links to coaching; develop your coaching skills, receive feedback and build on your strengths.

This higher level module is recognized by the International Coach Federation (at 'Professional Certified Coach' level). This leads to the Professional Leadership Coach qualification.

All Coach's Journey participants are automatically registered for our Virtual Masterclass series topics at no extra cost. With special guest speakers and experienced coaches and coach-trainers, there's a wealth of extra learning here. You can also use the year-long series to top up your CPD/CEU hours and renew your credential.

## This workshop is for

People working towards the "Professional Leadership Coach" qualification; internationally-recognized by the ICF

*Experienced managers with significant coaching experience looking to*

- Develop their leadership coaching skills to a professional level
- Motivate and lead others, even in complex and challenging situations
- Inspire others to achieve more by being an authentic leader
- Unlock people's potential by building on their emotional intelligence
- Change the culture to one where everyone takes responsibility and shows leadership
- Develop your personal awareness and improve your influencing skills

*Experienced coaches, accredited to ICF 'Associate Certified Coach' or equivalent wishing to*

- Achieve Professional Certified Coach accreditation
- Add depth by developing leadership coaching techniques
- Apply advanced emotional intelligence tools
- Renew your ICF credentials

## The Coach's Journey: Professional Leadership Coaching

### What to expect

On this program you will gain the essential skills required for professional leadership coaching.

Delivery is balanced between theory; coaching demonstrations; practice; discussion, review and learning. This module is highly creative, innovative and fun!

Explore your own leadership potential, and support your clients to be better leaders. It's an intensive and fulfilling course for experienced coaches and those ready to take their coaching skills to the next level. By making this a residential course, we can squeeze so much more in – and give you the space to relax and develop at your own pace.

### By the end of this workshop you will be able to:

- Deliver leadership coaching skills, to a professional level
- Develop your personal awareness and influencing skills
- Appreciate the 'leadership journey' and coach to the greatest challenges faced by leaders
- Underpin your coaching with the Forton Group's Leadership Principles and International Coach Federation ethics



I thought it was excellent and life changing as with all my interactions with the Forton Group. Well thought out, well put together and a real journey.



Natalie Dow,  
Business Owner, ND Consulting

### This workshop covers

We take deep dives into absorbing topics such as

- **Emotional Intelligence:** engaging with our own emotional field and our client's
- **The Leadership Journey:** explore Joseph Campbell's work 'Hero's Journey' and 'Heroine's Journey' - how this may be different
- **Using different coaching styles:** uncovering creativity and innovation by using coaching skills and tools in different ways
- **Exploring archetypes:** challenging our clients to see more, be more and achieve more
- **Whole systems thinking:** looking beyond the individual and supporting them to be successful in complex systems
- **The principles of leadership:** not just *what*, or even *how*, but uncovering *who* the leader needs to be at times of change and organizational transformation

### Contact us to find out more...

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